



FACT BRIEFING

THE PARENTING BREAKDOWN

“Parenting aims to ensure children's health and safety, prepare children for life as productive adults, transmit cultural values, and more.”

American Psychological Association, 2023

PARENTING STYLES

There are many different styles of parenting. This graphic provides an overview of four styles and their characteristics.

UNINVOLVED

Spending little to no time with their child

Being uninterested in their child's life

PERMISSIVE

Not providing or enforcing rules

Lack of consequences for misbehaving

AUTHORITARIAN

Not considering children's emotions

Lack of discussion with children

AUTHORITATIVE

Allowing discussions and explanations

Continually building a positive relationship



REMEMBER, PARENTING...



looks different for everyone.



has lasting impacts.



is for all levels of experience.

